



## **Lori Nathanson, Ph.D.**

As a researcher with expertise in emotional intelligence, Lori Nathanson values both evidence and emotions. As a yogi, she integrates body and mind through yoga practice. Through consulting, she is better able to integrate professional and personal learning in the service of others.

Nathanson's career is devoted to equity and excellence in education, and she believes emotional intelligence, part of the social and emotional learning field, is a powerful lever to increase equity.

As an undergraduate, Nathanson created a personalized program of study combining psychology, education and policy at Duke University. She continued with interdisciplinary studies for her doctorate at the University of Virginia. Her Yale postdoctoral fellowship expanded her school-based experience by implementing and studying RULER, an approach to teaching emotional intelligence. As research faculty at NYU and Yale University, she honed her research skills and connected research to practice and policy with an emotional intelligence focus.

At this stage of her career, Nathanson is excited to ground her knowledge and values in schools and nonprofits serving children to increase impact. She enjoys working with both adults and children, and extends her work to other organizations looking to incorporate the science of emotional intelligence into their practices.

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